

# Carrdyke Federation Safeguarding Newsletter

October 2018



We know that lots of our children are using the internet and particularly online games at an early age. For up to date advice and information please use the links below

[www.nspcc.org.uk](http://www.nspcc.org.uk)

## Online safety

We've teamed up with O2 to help you keep children safe when they're using the internet, social networks, apps, games and more.

O<sub>2</sub> 😊 NSPCC  
Let's keep kids safe online

<p><b>Instagram</b> Instagram is a picture and video sharing app. Users can post content and use hashtags to share with others.</p>	<p><b>Facebook</b> Facebook is a social network, which lets you create a page about yourself.</p>	<p><b>Snapchat</b> Snapchat is an app that lets you send a photo or short video to your friends.</p>	<p><b>YouTube</b> YouTube is a place to watch, create and share videos. Videos include things like music, animation, online blogs and TV clips.</p>	<p><b>Minecraft</b> Minecraft is a game that lets you build and create a virtual world using building blocks.</p>

### How safe are the sites, apps and games your child uses?

Run in partnership with O2, Net Aware offers parents useful information about each social network, including the age guidance for users.

[Visit Net Aware](#)



### Talk to someone about online safety

Whether you want to set up parental controls, adjust privacy settings or get advice on social networks, experts from the free O2 & NSPCC helpline are here to help.

0808 800 5002

## Should I make a report to CEOP?

CEOP is here to keep children safe from sexual abuse and grooming online.

We are here to help and give you advice, and you can make a report directly to us if something has happened online which has made you feel unsafe, scared or worried. This might be from someone you know in real life, or someone you have only ever met online. We take all reports seriously and we will do everything we can to keep you safe.

As well as making a report to us, the CEOP [Thinkuknow website](#) has information and advice to help you if something has happened to you online.

If you are in immediate danger please call the police on 999 straight away. Please also tell an adult you trust who will be able to help you.

## Are you being bullied?

If you're being bullied and would like to talk to someone in confidence right now you can speak to Childline on [0800 1111](#) or talk to them online - no worry is too big or too small. Please also tell an adult that you trust, like a parent/carer or teacher.

[Visit the Childline website](#) ↗

## What kind of things do people report to CEOP?

Some of the things children and young people have reported to us include:

- ✓ Someone online has asked me to send them nude images
- ✓ I shared a nude image with someone online and they are threatening me
- ✓ I did something that I was embarrassed about on webcam and someone has turned nasty towards me
- ✓ Someone I don't know is asking me to live-stream and do things I don't want to do
- ✓ Someone online kept asking me to meet them face-to-face and I feel pressured by them
- ✓ Someone online was talking to me about sex and it made me feel uncomfortable
- ✓ Someone online is putting pressure on me to do things I don't want to do
- ✓ Someone I met in an online game keeps trying to talk to me privately

# childline

ONLINE,  
ON THE PHONE,  
ANYTIME

childline.org.uk  
0800 1111

## Are you being bullied?

If you are being bullied, or you are not ready to make a report to CEOP, you can talk to Childline anonymously online or on the phone - No worry is too big or too small.

Visit Childline 

[www.thinkuknow.co.uk/](http://www.thinkuknow.co.uk/)



## Welcome to Thinkuknow

Thinkuknow is the education programme from CEOP, a UK organisation which protects children both online and offline.

Explore one of the six Thinkuknow websites for advice about staying safe when you're on a phone, tablet or computer.

Are you...

